

## Traditional HAMMAM & SPA

"The Hammam is the relaxing break essential to your well being" OPENING HOURS 10AM - 8PM from Monday to Sunday

## YOGA CLASSE ROOFTOP BLISS RIAD

Thursday at 9AM (Yoga mat included) VINYASA YOGA Yang Yoga : Stringing postures together, moving from one to another breath Sunday 5PM - 6PM Yoga mat included YIN YOGA : Quiet Contemplative Practice of yoga	60 min 150 DHS 60 min 150 DHS				
MOROCCAN HAMMAM RITUALS					
HAMMAM BLACK SOAP SCRUB Body wrap with black soap followed by body scrub with Kessa glove & Body hair was	30 min 230 DHS				
HAMMAM BLACK SOAP SCRUB & GHASSOUL MASK45 min 330 DHSBody wrap with black soap follow by body scrub with Kessa glove45 min 330 DHSGhassoul clay body & face mask - hair wash45 min 330 DHS					
BLISS MASSAGES					
<b>Relaxing Massage</b> Reduce Stress, release nervous tension for a complete re	<b>30 min 330 DHS</b> laxation	60 min 480 DHS			
<b>Deep tissue Massage</b> Melt away tensions, soften muscles for an immediate rel	30 min 330 DHS ief	60 min 480 DHS			
<b>Tonic Massage</b> Enhances blood circulation to regain energy and vitality	30 min 360 DHS	60 min 530 DHS			
Slimming Massage MADEROTHERAPIE : Anti Cellulite - skin smoothing - body contouring (with wood tools) Massage with wood tools intense and deep on your body Reduces cellulite & fat - Body contouring - Drain - Skin to Activation of blood circulation - Muscular Relaxation.	30 min 360 DHS	60 min 530 DHS			
Back Massage30 min 330 DHSHelp relieve back pain and muscle soreness, relieve tension from neck & shoulder. Ideal for improvin energy and increasing deep relaxation.					
Face & Scalp Massage30 min 330 DHSFACE: stimulates blood circulation and promotes complexion radiance, the skin looks fresher, rested and rejuvenatedSCALP: Anti-stress, stimulates micro circulation, promotes good irrigation of the hair bulbs for stronger and more resistant hair.					
Full Leg Massage 30 min 330 DHS Deep & Draining massage to find fresh and light legs for a feeling of total relaxation.					
Reflexology		30 min 360 DHS			

Application of pressure to the feet to relieve stress and revive the various organ systems of the body.

## FACIAL TREATMENTS with natural organic products from "Les Sens de Marrakech"

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Ritual facial treatments H Ritual facial treatments H Facial treatment instant	Anti-Aging			60 min 450 DHS 60 min 450 DHS 30 min 380 DHS	
HAND BEAUTY AND FOOT BEAUTY					
Manicure Manicure with normal nai Manicure with semi-perm	•	h		40 min 300 DHS 50 min 350 DHS 60 min 400 DHS	
Pedicure + Foot Massage (10 min) Pedicure with normal nail polish Pedicure with semi-permanent nail polish			50 min 380 DHS 50 min 420 DHS 60 min 450 DHS		
Taking off semi-permaner Putting semi-permanent		ly		20 min 100 DHS 20 min 150 DHS	
WAXING Eyebrow Face Arms Full Legs Bikini, Side, brazilian Back, Chest	60 DHS 100 DHS 100 DHS 200 DHS 100 DHS 200 DHS	Duvet, Cheen Armpit Half - Arms Half Legs Bikini integral	50 DHS 60 DHS 50 DHS 80 DHS 200 DHS		
PACKAGES COMBINATION					
HAMMAM SCRUB 30 min follow by MASSAGE Relaxing or Deep 45min 630 DHS per pers					
HAMMAM BODY SCRUB & GHASSOUL MASK 45min followed by Relaxing or Deep MASSAGE 60min			780 DHS per pers		
SLIMMING & BODY COUNTOURING PACKAGE830 DHS per persHAMMAM body mask & scrub with blended coffee 45 minfollowed by Maderothérapie (Massage with wood tools) 45 min					
COUPLE PACKAGE Package Duo120min1650 DHS price for 2 paxHammam black soap scrub & ghassoul body mask 45 min followed by a Full body Massage choice of relaxing or deep tissue 75 min1650 DHS price for 2 pax					
DAY PASS POOL & SUNBED 10AM to 6PM					
POOL + SUNBED + TOWEL + BOTTLE OF WATER 160 DHS per pers					
CHOICE OF TREATMENT Treatment Price + 110 DHS per pers POOL + SUNBED + TOWEL + BOTTLE OF WATER					

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